The Franciscans

August 2020
A newsletter for friends and members of St. Francis Episcopal Church
Goldsboro, NC 27530



Psalm 13

1 How long, O Lord? Will you forget me forever?

How long will you hide your face from me?

2 How long must I take counsel in my soul and have sorrow in my heart all the day?

How long shall my enemy be exalted over me?

3 Consider and answer me, O Lord my God; light up my eyes, lest I sleep the sleep of death,

4 lest my enemy say, "I have prevailed over him," lest my foes rejoice because I am shaken.

5 But I have trusted in your steadfast love; my heart shall rejoice in your salvation.

6 I will sing to the Lord, because he has dealt bountifully with me.

Psalm 13 has frequently been running through my head over these past few months, especially now as we enter almost six months of living in the midst of the Coronavirus Pandemic. "How long, O Lord," these words continually rest on the tip of my tongue. "How long, O Lord," is the desperate question we all want answered. Unfortunately, the answer seems to still remain "not yet." And, while this is not the answer any of us wants or even expected this long after we first began to quarantine, I believe we may still be able to sing the joyous proclamation at the end of the Psalmist's cry, "I have trusted in your steadfast love; my heart shall rejoice in your salvation. I will sing to the Lord, because he has dealt bountifully with me." While the bounty may seem sparse--sparser still, more so, for some than for others--, it is not devoid of promise. The Psalmist's cry, call, and rejoicing are the exact words we need right now. We need to mourn the losses we feel, to cry out to God and ask, "How long?", maybe even "Why?". We cannot deny that these times are not only hard, but trying, painful, and downright exhausting. And, still there is much beauty that comes from them; there is a bounty that is growing and begging for us not only to rejoice in it, but also to reap from its beautiful and plentiful harvest.

This Sunday will mark our fourth and final conversation around Becoming the Beloved Community, the Episcopal church's call to identify, address, and combat systemic racism in our country and communities. While we have had to physically stay apart, the gathering of St. Francis, St. Andrew's, and St. Stephen's online in worship and conversation has been beautifully fulfilling and bountifully enriching for all communities involved. Last week our own church hosted a blood drive to support the immense needs of the medical community in sustaining and saving lives during this public health crises, raising 31 units of blood! And, I know, for myself at least, new routines of daily prayer and practice have been made with Noonday Prayer live on Facebook during the week.

While the church doors remain closed on Sundays, the church is still open, alive, and well. These are hard times, and we deserve to grieve the losses that they have brought. Still, there are ways we can rejoice and find our salvation together. Coming in August we will have our first St. Francis Happy Hour, on Sunday August 2nd at 5:00 PM, on Zoom (if you need help connecting please give us a call or shoot us an email and we will help you; all you need is a landline). This will be a time for us to gather, check-in, and share in fellowship. Also in August, Beverly and I will be opening the sanctuary for socially distanced prayer and reflection. There will be resources to guide your time of contemplation, candles to light, and our community's prayer list provided. And I will continue to offer socially distanced pastoral care from 1:30 pm - 3:30 pm on Thursday afternoons.

Please know you can always reach me by email katebyrd4@gmail.com or by phone (703) 582-2997. You remain in my thoughts and prayers, and I remain ever hopeful we will again come together in person to worship, sing, and share in communion. Until then I hope you will find these resources helpful, and reach out to me if you need additional assistance finding connection with our community and in prayer!

Blessings,

Kate +

P.S. Please enjoy some pics of our growing twins, Thomas and Patrick, and big sister Libbie! They can't wait to see you again soon and our entire family wishes you well <3





August 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 9 PENTECOST 10:00am-MP (Zoom) Rev. Kate Byrd	3 Office Open 9am-3pm FACEBOOK Noonday Prayer	4 Office Open 9am-3pm FACEBOOK Noonday Prayer	5 Rev. Kate in office FACEBOOK Noonday Prayer	6 FACEBOOK Noonday Prayer 1:30-3:30pm Socially Distanced Pastoral Care	7	8
9 10 PENTECOST 10:00am-MP (Zoom) Rev. Kate Byrd St. Francis FUNDRAISER @ Texas Roadhouse	10 Office Open 9am-3pm FACEBOOK Noonday Prayer	11 Office Open 9am-3pm FACEBOOK Noonday Prayer	12 Rev. Kate in office FACEBOOK Noonday Prayer	13 FACEBOOK Noonday Prayer 1:30-3:30pm Socially Distanced Pastoral Care	14	15 NEWSLETTER DEADLINE Vestry RETREAT (ZOOM)
16 11 PENTECOST 10:00am-MP (Zoom) Deacon Rebecca Bean	17 Office Open 9am-3pm FACEBOOK Noonday Prayer	18 Office Open 9am-3pm FACEBOOK Noonday Prayer	19 Rev. Kate in office FACEBOOK Noonday Prayer	20 FACEBOOK Noonday Prayer 1:30-3:30pm Socially Distanced Pastoral Care	21	22
23 12 PENTECOST 10:00am-MP (Zoom) Rev. Kate Byrd	24 Office Open 9am-3pm FACEBOOK Noonday Prayer	25 Office Open 9am-3pm FACEBOOK Noonday Prayer	26 Rev. Kate in office FACEBOOK Noonday Prayer	27 FACEBOOK Noonday Prayer 1:30-3:30pm Socially Distanced Pastoral Care	28	St. Francis at the Soup Kitchen
30 13 PENTECOST 10:00am-MP (Zoom) Deacon Rebecca Bean	31 Office Open 9am-3pm FACEBOOK Noonday Prayer		N	IP = Morning Prayer		



Rev. Kate is available via email (kate@stfrancisgoldsboro.org) and phone (703)582-2997.





3....Savannah Shoemake

4....Debbie Stedner

8....Mitch Baker

21...Elaine Elmore

23...Jane Anthony **Denise Cowan**



If your birthday has been omitted, please notify the church office so that the birthday lists are up-to-date.

St. Francis Episcopal Church

(503 Forest Hill Drive)

P. O. Box 11406, Goldsboro, NC 27532 Tel: 919-735-9845, Fax: 919-735-9893 E-mail: parish@stfrancisgoldsboro.org Web Page: www.stfrancisgoldsboro.org The Rt. Rev. Rob Skirving, Bishop of the Episcopal Diocese of East Carolina The Rev. Kate Byrd, Priest in Charge William Hayes, Organist/Choirmaster Beverly Anderson, Parish Administrator The Franciscans: Beverly Anderson, Editor The Franciscans is published 11 times a year.

The **deadline** for items to be considered for inclusion is the 15th of each month.



Elaine Elmore Diana Hammond (Senior Warden) Stan Stedner (Junior Warden)

Barbara Pedersen (Bookkeeper) Kimberly Stedner-Clayton

<u>202</u>2

Liz Meador George Moye

Al Elmore, Treasurer Shelley Mills, Clerk

Priest-in-Charge

The Rev. Kate Byrd



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E-mail: parish@stfrancisgoldsboro.org Web Page: www.stfrancisgoldsboro.org **The Franciscans** is published 11 times a year.

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Enjoy the photos below of some of our 31 "Life-Savers!" Each unit donated (about 1 pint) can be divided into the three primary components — red blood cells, plasma, and platelets — **saving up to three lives**.

Thank you to Liz and Dave Meador and Jane Anthony for hosting the St. Francis Blood Drive!



Dear Parish of St. Francis

Thank you, Thank you your your donation to are should followship:

We are truly "all in this stuff

together.

Aleacon Rebecca is a blessing to us ale. She makes the technology possible ale. She makes the three parishes together spiritually to bless you may God continue to bless you and may we remain together in love and prayer.

The Parish of St Andrews

Some of our favorite "masked" people! Don't forget to email your mask photos to parish@stfrancisgoldsboro.org.



"Ten smooches followed by two I love yous ends every night."

I wanted to start off with what Alzheimer's cannot rob from my grandparents (Pa and Mema, known to you as Gen and Pudge Miller).

I was asked to interview my grandparents for this month's Franciscan. As I sit here with writer's block, watching Pa playing with his Legos, Mema playing solitaire on her phone, worried about tomorrow's doctor appointment, I hide my tears. "Oh, our lives are not very interesting," Mema said, as I sat with my notepad. Their lives to me were an adventure, an adventure that started for Mema in September 1931 and Pa in February 1927, their births.

Mema was a cradle Episcopalian born to Evelyn "Nanny" and Paul "Poppy" Berg. Poppy was the first father of their village, Ellenville, NY, drafted to serve in WWII. Mema has one sister, Joyce.

Pa was born to Henry (Grandpa Miller) and Tessa (Grandma Miller), one of thirteen brothers and sisters. He served in the Army during WWII.

On September 16, 1951, their adventure united them after three years of dating, which all started with a bet, though Pa never did get his \$10. Through their 69 years of married life, they had two children, Debra and Paul Craig Miller. They then welcomed two grandchildren, Kimberly and Stefanie, and finally, five great grandchildren: Mikaela, Max, Izabelle, Will and Maggie.

In Ellenville, Mema and Pa were very active in the community: They both volunteered for the First Aid and Rescue Squad, and Pa was a member of the Kimble Hose Fire Company. As members of St. John's Episcopal Church, they served on the Vestry; Mema was a part of the Altar Guild and taught Sunday School, and Pa was a Sub deacon and an Acolyte.

They enjoyed roller skating, and Pa was a guard at the local rink. Mema worked at the local hotel, The Nevele (eleven spelled backwards, can't unsee it now), for 38 years in reservations. Pa drove a school bus for 30 years, owned a sanitation business for 25 years, and mastered the art of carving gravestones. He also snow plowed in the winter and mowed the grass in the summer.

Mema enjoyed knitting, crocheting, and embroidering, and Pa liked woodworking and playing golf. Since cell phones were not around at that time, Mema's CB handle was Bosslady,



Genevieve & Paul Miller

and Pa's was Snowplow. Every holiday was a well-orchestrated family gathering that consisted of everyone's favorite foods, while Pa and Poppy threw a roll across the table to get Nanny riled up! It was truly a fun gathering. At Christmas time--the cookies!!! Mema would make about 200 dozen cookies every year for gifts and for those midnight snack urges.

Fifteen years ago, they packed up their home and left most of their family and friends to begin a new adventure in LaGrange by each other's side. They now call North Carolina home, although Pa would argue with you about that on most days. They have a loving church family at St. Francis.

"Always remember ten smooches and two I love yous to get you through the hard times," as my grandparents would say.

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\sim The Franciscans — August 2020 \sim

PRAYERS BIG TIME! for Gen Miller and the Stedner family. In addition to prayer, we want to help by providing some meals, so please let Liz know if you can help starting next week. Judy Moye provided a meal last week. Items that work include these:

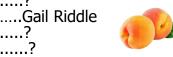
- 1. Subway spicy Italian with **nothing else** on plain white bread
- 2. chicken
- 3. mashed potatoes (these soft foods are better for Gen, too)--no skin, no pepper
- 4. grapes, strawberries, peaches (fruit salad)
- 5. maybe scalloped potatoes
- 6. maybe mac 'n cheese?

WEEK OF:

JULY 26.....Liz Meador AUGUST 3.....? AUGUST 10.....?

AUGUST 17.....Gail Riddle

AUGUST 24.....? AUGUST 31.....?





Pudge was presented with a certificate on July 9, 2020. by the Veteran's Administration at his home for his patriotism while serving in WWII.



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