## The Mini-Franciscans #7

July 6, 2020

(keeping in touch during social distancing)



Lil' Howie, Nina Silverthorne's cat, enjoying ZOOM Morning Prayer!



work on this project. Still some finish work, but ivy gone for the most part.





Please email your favorites to parish@stfrancisgoldsboro.org no later than July 15th. Thank you.



St. Francis will sponsor its third annual blood drive on THIRSDAY, JULY 23, 2-6:30 P.M. in the Parish Hall. We will be following strict mandates for social distancing, mask wearing, and limiting numbers in the room.

We will need few volunteers this time around because of our limit of ten (10) people only in the room—Red Cross staff and donors, registrar, and monitor in the canteen (Sunday School room next to the kitchen).

Every donor will be tested for the antibodies; this "convalescent" plasma is being assessed as a treatment for COVID patients. From the Red Cross web site: "Donating blood products is essential to community health."

Please bring your face mask and a blanket if you tend to become chilly during donation. The room temperature must be kept at 68 degrees, so cool off and give blood! Thanks to our donors of the past: Randy and Kristine Wright, Don Skinner, John Koegel, Diana Hammond, Roger Riddle, Pat Biggers, and Ian Walston.

Remember: increase your iron intake (spinach, liver, raisins, etc.) <u>starting now</u> so that a low red count won't prevent your being able to donate!

Thanks,

Liz

St. Francis Episcopal Church PO Box 11406 Goldsboro NC 27532



## **St Francis Episcopal Church Community Blood Drive**

Held in the Fellowship Hall 503 Forest Hill Drive Goldsboro, NC 27534

Thursday, July 23, 2020 2:00 p.m. to 6:30 p.m.

To schedule your lifesaving appointment visit www.redcrossblood.org and enter sponsor code:"Goldsboro"

For more information call Liz at (919)-223-4014.

We need all eligible donors!

Now offering COVID-19 Antibody Testing with every blood donation.



Schedule a blood donation appointment today:

Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767

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